Dear Customer,

Thank you for preferring a Beko product. We hope that you get the best results from your product which has been manufactured with high quality and state-of-the-art technology. Therefore, please read this entire user manual and all other accompanying documents carefully before using the product and keep it as a reference for future use. If you handover the product to someone else, give the user manual as well. Follow all warnings and information in the user manual.

Meanings of the symbols
Following symbols are used in the various section of this user manual:

- **i** Important information and useful hints about usage.
- **!** Warnings for dangerous situations concerning the safety of life and property.
- **°** Warning for hot surfaces.

This product has been manufactured in environmental friendly modern plants without giving any harm to the nature.

This appliance conforms to the WEEE regulation. It does not contain PCB.
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Microwave Oven / User Manual
1 Important safety and environmental instructions

Important Safety Instructions Read Carefully And Keep For Future Reference

This section contains safety instructions that will help protect from risk of fire, electric shock, exposure to leak microwave energy, personal injury or property damage. Failure to follow these instructions shall void any warranty.

1.1 General safety

• The microwave oven is intended for heating food and beverages. Drying of food or clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire.

This appliance is intended to be used in household and similar applications such as:
• Staff kitchen areas in shops, offices and other working environments;
• Farm houses
• By clients in hotels, motels and other residential type environments;
• Bed and Breakfast type environments.

• Do not attempt to start the oven when its door is open; otherwise you may be exposed to harmful microwave energy. Safety locks should not be disabled or tampered with.

• Do not place any object between the front side and the door of the oven. Do not allow dirt or cleaning agent remnants built-up on the closure surfaces.

• Any service works involving removal of the cover that provides protection against exposure to microwave energy must be performed by authorized persons/service. Any other approach is dangerous.

• Your product is intended for cooking, heating and defrost food at home. It must not be used for commercial purposes. Manufacturer shall not be held liable for damages that have arisen from misuse.

• Do not use this appliance outdoors, bathrooms, humid environments or in places where it can get wet.
Important safety and environmental instructions

- No responsibility or warranty claim shall be assumed for damages arising from misuse or improper handling of the appliance.
- Never attempt to dismantle the appliance. No warranty claims are accepted for damage caused by improper handling.
- Only use the original parts or parts recommended by the manufacturer.
- Do not leave this appliance unattended while it is in use.
- Always use the appliance on a stable, flat, clean dry, and non-slip surface.
- The appliance should not be operated with an external clock timer or separate remote control system.
- Before using the appliance for the first time, clean all parts. Please see the details given in the "Cleaning and Maintenance" section.
- Operate the appliance for its intended purpose only as described in this manual. Do not use abrasive chemicals or steam on this appliance. This oven is particularly intended for heating and cooking the food.

It is not intended for industrial or laboratory use.
- Do not use your appliance to dry clothes or kitchen towels.
- Appliance becomes very hot while it is in use. Pay attention not to touch the hot parts inside the oven.
- Your oven is not designed to dry any living being.
- Do not operate the oven empty.
- Only use utensils that are suitable for use in microwave ovens.
- Cooking utensil may get hot due to the heat transferred from the heated food to the utensil. You may need oven gloves to hold the utensil.
- Utensils shall be checked to ensure that they are suitable for use in microwave ovens.
- Do not place the oven on stoves or other heat generating appliances. Otherwise, it may be damaged and the warranty becomes void.
- Microwave oven must not be placed in a cabinet that is not in compliance with the installation instructions.
- Steam may come out while opening the covers or the foil after cooking the food.
## 1 Important safety and environmental instructions

- Use gloves while taking any kind of heated food out.
- The appliance and its accessible surfaces may be very hot when the appliance is in use.
- Door and outer glass may be very hot when the appliance is in use.

### 1.1.1 Electrical safety

- If the supply cord is damaged, it must be replaced by the manufacturer or its service agent or a similarly qualified person in order to avoid a hazard.
- Beko Microwave Ovens comply with the applicable safety standards; therefore, in case of any damage on the appliance or power cable, it should be repaired or replaced by the dealer, service center or a specialist and authorized service alike to avoid any danger. Faulty or unqualified repair work may be dangerous and cause risk to the user.
- Make sure that your mains power supply complies with the information supplied on the rating plate of the appliance. The only way to disconnect the appliance from the power supply is to remove the power plug from the power outlet.
- Use the appliance with a grounded outlet only.
- Never use the appliance if the power cable or the appliance itself is damaged.
- Do not use this appliance with an extension cord.
- Never touch the appliance or its plug with damp or wet hands.
- Place the appliance in a way so that the plug is always accessible.
- Prevent damage to the power cable by not squeezing, bending, or rubbing it on sharp edges. Keep the power cable away from hot surfaces and naked flame.
- Make sure that there is no danger that the power cable could be accidentally pulled or that someone could trip over it when the appliance is in use.
- Unplug the appliance before each cleaning and when the appliance is not in use.
- Do not pull the power cable of the appliance to disconnect it from its power supply and never wrap its power cable around the appliance.
- Do not immerse the appliance, power cable, or power plug in water or any other liquids. Do not hold it under running water.
1 Important safety and environmental instructions

- When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition.
- Remove the wire strings and/or metal handles of paper or plastic bags before placing bags suitable for use in microwave oven to the oven.
- If smoke is observed, switch off or unplug the appliance and keep the door closed in order to stifle any flames.
- Do not use inside of the oven to store something. Do not leave paper items, cooking material or food inside the oven when it is not being used.
- The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature shall be checked before consumption, in order to avoid burns.
- This appliance is a Group 2 Class B ISM equipment. Group 2 contains all ISM (Industrial, Scientific and Medical) equipment in which radio-frequency energy is intentionally generated and/or used in the form of electromagnetic radiation for the treatment of material, and spark erosion equipment.
- Class B equipment is suitable for use in domestic establishments and establishments directly connected to a low voltage power supply network.
- Door or outer surface of the appliance may become hot when it is in use.

1.1.2 Product safety

- Heating the beverages with microwave may cause them to boil by splashing around after they have been taken out of the oven; so be careful when you are holding the containers.
- Do not roast anything in the oven. Hot oil may damage the components and materials of the oven, and it may even cause skin burns.
- Pierce food with thick crust such as potatoes, zucchinis, apples and chestnuts.
- Appliance must be placed so that the rear side is facing the wall.
- Before moving the appliance, please secure the turntable to prevent damage to it.
1 Important safety and environmental instructions

- Eggs in their shell and whole hard-boiled eggs must not be heated in microwave ovens since they may explode, even after microwave heating has ended.
- Never remove the parts at the rear and sides of the appliance, which protect the minimum distances between the cabinet walls and the appliance in order to allow for the required air circulation.

1.2 Intended use

- Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
- Cleaning the door seals and adjacent parts: Use hot soapy water. Clean with a dish cloth, do not scour. Do not use a metal or glass scraper for cleaning.
- **WARNING:** If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person.

1.3 Children’s safety

- Extreme caution is advised when being used near children and persons who are restricted in their physical, sensory or mental abilities.

- **WARNING:** It is hazardous for anyone other than a competent person to carry out any service or repair operation which involves the removal of a cover which gives protection against exposure to microwave energy.
- **WARNING:** Liquids and other foods must not be heated in sealed containers since they are liable to explode.
- Microwave oven is intended for built-in use only.
- Do not use the appliance for anything other than its intended use.
- Do not use the appliance as a heat source.
- Microwave oven is intended to thaw, cook and stew food only.
- Do not over-cook foods; otherwise, you may cause a fire.
- Do not use steam assisted cleaners to clean the appliance.
1 Important safety and environmental instructions

- This appliance can be used by the children who are at the age of 8 or over and by the people who have limited physical, sensory or mental capacity or who do not have knowledge and experience, as long as they are supervised with regard to safe use of the product or they are instructed accordingly or understand the risks of using the product. Children should not play with the appliance. Cleaning and user maintenance procedures should not be performed by children unless they are controlled by their elders.
- Danger of choking! Keep all the packaging materials away from children.
- Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the microwave oven in a safe way and understands the hazards of improper use.
- Due to excessive heat that arises in grill and combination modes, children should only be allowed to use these modes under supervision of an adult.
- Keep the product and its power cable so that they are inaccessible by children under 8 years old.
- The appliance and its accessible surfaces may be very hot when the appliance is in use. Keep children away.
- The appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervised or instruction concerning use of the appliance by a responsible person for their safety.
- Young children should be supervised to ensure that they do not play with the appliance.
- **WARNING:** Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use.
1. Important safety and environmental instructions

1.4 Compliance with the WEEE Directive and disposal of waste products

This product does not include harmful and prohibited materials specified in the "Regulation for Supervision of the Waste Electric and Electronic Appliances" issued by the Ministry of Environment and Urban Planning. Complies with the WEEE Directive. This product has been manufactured with high quality parts and materials which can be reused and are suitable for recycling. Therefore, do not dispose the product with normal domestic waste at the end of its service life. Take it to a collection point for the recycling of electrical and electronic equipment. Ask the local authority in your area for these collection points. Help protect the environment and natural resources by recycling used products.

1.5 Package information

Package of the product is made of recyclable materials in accordance with our National Legislation. Do not dispose of the packaging materials together with the domestic or other wastes. Take them to the packaging material collection points designated by the local authorities.
Markings on the appliance or the values stated in other documents supplied with the product are values obtained under laboratory conditions as per relevant standards. These values may vary according to the usage of the appliance and ambient conditions.
## Description of the product

### Control panel

![Control panel diagram]

- **Power setting button**
- **Time setting button**

### Power setting

Setting button at the upper section of the control panel will allow you to use any of the 6 different power levels. Following table contains some sample meals and corresponding power levels to cook them in microwave oven.

<table>
<thead>
<tr>
<th>Power Level</th>
<th>Usage</th>
</tr>
</thead>
<tbody>
<tr>
<td>High 700 W</td>
<td>- Boiling water&lt;br&gt;- Roasting minced meat&lt;br&gt;- Cooking chicken/turkey, fish and vegetables&lt;br&gt;- Cooking thin sliced meat</td>
</tr>
<tr>
<td>Medium-High 600 W</td>
<td>- Reheating all sorts of food&lt;br&gt;- Cooking meat and poultry&lt;br&gt;- Cooking mushroom&lt;br&gt;- Cooking foods that contain cheese or egg</td>
</tr>
<tr>
<td>Medium 460 W</td>
<td>- Cooking cakes and pastries&lt;br&gt;- Cooking egg&lt;br&gt;- Cooking soup or rice</td>
</tr>
<tr>
<td>Medium-Low 350 W</td>
<td>- Melting butter and chocolate</td>
</tr>
<tr>
<td>Defrosting</td>
<td>- Thawing all sorts of frozen food</td>
</tr>
<tr>
<td>Low 120 W</td>
<td>- Softening butter and cheese&lt;br&gt;- Softening the ice cream&lt;br&gt;- Raising the yeast dough</td>
</tr>
</tbody>
</table>
3 Description of the product

Accessories

Roller glass tray

Use glass tray in all types of cooking. Glass tray will collect all meal juices and food pieces falling down. Otherwise meal will spill into the oven and dry out. Glass tray can be washed in dishwasher.

* Place the glass tray onto the roller support.

Roller support

Roller support must be placed below the glass tray. Do not place any other tray apart from the glass tray onto the roller support. Wash the roller support with warm and soapy water at least once a week.

Roller support must be fit securely into its seating.

Advantages of the microwave oven

* Microwave oven will provide power saving. Power is not consumed only during cooking. Cooking with microwave oven does not contain preheating or cooling time; therefore there is no power wasted. Only the meal is heated during cooking. Since the kitchen is not heated up, persons in the kitchen do not feel discomfort.

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Theory of microwave cooking

The magnetron inside the microwave oven produces microwaves when it is operated. Oven walls reflect the microwave energy directly to the food. High-speed vibrations occur in food molecules. These vibrations will create the heat required to cook the food.

If you open the oven door during or at the end of cooking, the emission of microwaves and cooking process will stop. This is for your safety.

Surface of meat or chicken does not get brown in microwave cooking as it would in conventional ovens. But inside and outside of the food get cooked evenly.
Microwave cooking vessels

Use round vessels for cooking instead of elliptic or rectangular vessels. Otherwise, the food that remains on the edges will be effected more by the microwave and edges will get overcooked.

* Microwave can pass through substances such as paper, plastic, glass and ceramic without producing any heat. Cooking vessels made of such materials can be suitable for use in cooking in some cases.

* You can employ the following method to check whether the vessel you will put your food is suitable for microwave cooking.

Place the empty vessel with a glass full of water on it onto the glass tray in microwave oven and select and run Max power level for 60 seconds. Vessels that overheat after this process should not be used.

Metal vessels - foils

Metal vessels reflects the microwaves away from the food. Therefore, do not use them. Aluminum foil in small pieces or stripes can be used to cover wings or legs, or the parts that remain on the edge such as thin tips of the joints of poultry. Flat cooking trays with a depth less than 1.5 cm on the edges can also be used; however, in such cases oil paper or stretch wrap should be used instead of foil.

Glass vessels

Very thin glass vessels and crystal with lead content should not be used.

Plastic vessels - bags

Melamine vessels and lids as well as the bags used for freezing or preservation should not be used.

Wooden or wicker vessels

Large wooden vessels should not be used as the microwave energy causes the wood get dry and crispy.

Paper

No types of paper is suitable for cooking long times in microwave ovens. This will cause the paper catch fire.
4 Operating your product

Placing the food

- You will get the best results if you scatter the food into the plate. This may be achieved in various ways to get better results.
- If you will cook too many pieces of the same type (such as potatoes with skin) place them in a circular form.
- When cooking food with different shapes and thicknesses, place the smallest and thinnest part into the middle of your vessel. Thus, you can have that piece cooked last.
- Place food with irregular shape such as fish in a way that their tails will be in the middle of the vessel.
- When storing a meal in the refrigerator or heating it, place the thick and dense ones to out and thin and less dense ones in.
- Place thin sliced meat pieces on top of each other.
- Thicker pieces such as sausage and chopped meat should not be placed close to each other.
- Heat broth and sauces in separate vessels. Prefer narrow and long vessels to wide and long ones. Do not fill more than 2/3 of the vessel when heating broth, sauce or soup.
- If you will cook whole fish, make some cuts on it; thus you will prevent skin from bursting.
- Cover the head and tail parts of the fish with aluminum foil to protect them against overcooking.
- If you are using stretch wrap, bag or oil paper, make a hole or leave a small opening in order to allow steam get out.
- Food with small pieces will get cooked sooner than the ones with large pieces and the ones with regular shapes will get cooked sooner than the ones with irregular shapes. Cut the food in even sizes and regularly to cook them in the best way possible.

Little suggestions

To defrost:

- Shape of the package may change the defrost time. Shallow rectangular packages will defrost quicker than the deep vessels.
- Separate the pieces from each other as they get defrosted. Thus other pieces will defrost easier.
- Cover the parts of the food that start heating with small pieces of foil. Wood toothpicks will help keeping the foil in place.

Amount of food

The more food you cook the more time it will take. Double amount of food mean double amount of time.

Moisture content

Cooking time will change depending of the amount of juice as microwave is sensitive to moisture. Food with natural juice (vegetables, fish and poultry) will get cooked quickly and easily. Adding water is suggested when cooking dry food such as rice and beans in microwave.

Condensation

Moisture in food items may sometimes cause condensation inside the oven during cooking. This is normal. Generally, foods that are covered will cause less condensation.

Sugar

Follow the suggestions in microwave cooking books when cooking food items such as pudding or tart which contain too much sugar or butter. If you exceed the suggested time, you may cause the food item get burned or the oven get damaged.
Operating your product

Reducing the pressure in foods

Many food items are covered with skin of shell. They may crack due to the pressure that builds up during cooking. To avoid this, the skin or shell must be punctured with a fork or knife. This process must be applied to potato, chicken liver, egg yolk, sausage and some fruits.

Mixing and turning the food during cooking

Mixing and turning the food is important in terms of cooking all parts evenly.

Different cooking times

Always start by trying the minimum cooking time and check whether the food is cooked or not. Cooking times in this user manual are approximate values. Cooking times may vary depending on the sizes and shapes of the foods and vessels.

Waiting time

Always keep the food waiting for some time after taking it from the oven. Keeping the food wait for some time after defrosting, cooking and reheating will always give better results. Because the heat of the food will dissipate well. In microwave ovens, foods continue to get cooked for some more time even after the oven is switched off. Cooking continues not because of the microwave oven but the energy inside the food. Waiting time may change depending on the meal. In some cases, this duration is as short as it takes you to take the meal from the oven and transfer it to the service plate. This time may go up to 10 minutes in large foods.

Operating your oven

1. Always plug your oven into grounded sockets.
2. Open the front door.
3. Place the meal or meal tray on the rotary tray in the oven.
4. Turn the time setting button in clockwise to set the desired time. First pass the desired time a little bit to make the time setting correctly. Then go back to the desired time.
5. Close the front door securely. Your oven’s light will turn on and it will start. Oven will not start if the door is not closed securely.
6. Open the door from time to time to mix or check the meal may disturb cooking process. Cooking process and time setting will stop when you open the front door and will resume when the front door is closed again.
7. You can stop the oven by opening the front door during cooking. Do not forget to set the time to (0) position if you do not want to continue cooking.
8. Buzzer will be activated at the end of the set cooking time. Oven light turns off and cooking ends automatically.
4 Operating your product

Cooking table

Because of microwave cooking feature keep food waiting for some time after cooking is over. This duration is 5-10 minutes for food meats and 2-3 minutes for vegetables.

<table>
<thead>
<tr>
<th>Food</th>
<th>Power Level</th>
<th>Cooking Time</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Meats</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Minced beef</td>
<td></td>
<td>3-5 minutes for ~ 500 g</td>
</tr>
<tr>
<td>Meatball</td>
<td></td>
<td>9-12 minutes for ~ 500 g</td>
</tr>
<tr>
<td>Hamburger</td>
<td></td>
<td>4-5 minutes for ~ 500 g</td>
</tr>
<tr>
<td>Steaks (3 pieces of 0.5 cm thick)</td>
<td></td>
<td>1.5-2.5 minutes</td>
</tr>
<tr>
<td>Lamb roast, shank or shoulder</td>
<td>8-10 minutes for ~ 500 g</td>
<td></td>
</tr>
<tr>
<td>Veal, roasted arm</td>
<td></td>
<td>9-10 minutes for ~ 500 g</td>
</tr>
<tr>
<td>Lamb/veal cubes (3-4 pieces)</td>
<td></td>
<td>~ 6-8 minutes</td>
</tr>
<tr>
<td><strong>Poultry</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chicken pieces (1 breast)</td>
<td></td>
<td>2-3.5 minutes</td>
</tr>
<tr>
<td>Chicken pieces (1 drumstick)</td>
<td></td>
<td>1.5-2.5 minutes</td>
</tr>
<tr>
<td>Whole chicken</td>
<td></td>
<td>9-10 minutes for ~ 500 g</td>
</tr>
<tr>
<td>Casserole (for 1 person)</td>
<td></td>
<td>1.5-3.5 minutes</td>
</tr>
<tr>
<td>Turkey breast</td>
<td></td>
<td>8-9 minutes for ~ 500 g</td>
</tr>
<tr>
<td><strong>Fish and seafood</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fillet / sliced (170-230 g)</td>
<td></td>
<td>1.5-2.5 minutes</td>
</tr>
<tr>
<td>Whole fish</td>
<td></td>
<td>7-9 minutes for ~ 500 g</td>
</tr>
</tbody>
</table>

- Cooking times in table are provided for information purposes only. You can increase or decrease the cooking time according to your palate.
- Values in table are obtained in laboratory. You can discover different tastes to fit your palate and cooking habits by changing the time.
## Cooking table

<table>
<thead>
<tr>
<th>Food</th>
<th>Power Level</th>
<th>Cooking Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Egg and cheese</td>
<td></td>
<td>1-2 minutes per egg</td>
</tr>
<tr>
<td>Fried egg</td>
<td></td>
<td>45/-90 sec. to melt the butter and then 1-2 minutes per egg</td>
</tr>
<tr>
<td>Scrambled eggs</td>
<td></td>
<td>15-19 minutes</td>
</tr>
<tr>
<td>Dessert with egg (caramel custard) 20 x 20 cm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vegetables</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vegetables (1 person)</td>
<td></td>
<td>1.5-3 minutes</td>
</tr>
<tr>
<td>Green beans</td>
<td></td>
<td>~ 500 g 8-12 minutes</td>
</tr>
<tr>
<td>Cabbage (freshly chopped)</td>
<td></td>
<td>6-8 minutes for ~ 500 g</td>
</tr>
<tr>
<td>Carrot (freshly chopped)</td>
<td></td>
<td>3-6 minutes for ~ 200 g</td>
</tr>
<tr>
<td>Corn (fresh 2 pieces)</td>
<td></td>
<td>5-9 minutes</td>
</tr>
<tr>
<td>Mushroom (freshly chopped)</td>
<td></td>
<td>2-3 minutes for ~ 230 g</td>
</tr>
<tr>
<td>Potatoes (4 pieces, 170-230 g each)</td>
<td></td>
<td>10-15 minutes</td>
</tr>
<tr>
<td>Spinach (fresh, leaves)</td>
<td></td>
<td>5-8 minutes for ~ 500 g</td>
</tr>
<tr>
<td>Grains</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1/2 fast cooking oatmeal (water: 1 cup)</td>
<td></td>
<td>1-2 minute(s)</td>
</tr>
<tr>
<td>1/2 long cooking oatmeal (water: 1 cup)</td>
<td></td>
<td>2-4 minutes</td>
</tr>
<tr>
<td>1/2 corn puree (water: 2 cups)</td>
<td></td>
<td>2-3 minutes</td>
</tr>
<tr>
<td>Cakes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Carrot cake</td>
<td></td>
<td>9-12 minutes</td>
</tr>
<tr>
<td>Plain or chocolate cake (in round vessel)</td>
<td></td>
<td>5-6 minutes</td>
</tr>
<tr>
<td>Round cake</td>
<td></td>
<td>5-5.5 minutes</td>
</tr>
<tr>
<td>Small cake in mould</td>
<td></td>
<td>2-2.5 minutes</td>
</tr>
<tr>
<td>Cookies (foursquare vessel)</td>
<td></td>
<td>3-6 minutes</td>
</tr>
<tr>
<td>Soup/beverage</td>
<td></td>
<td></td>
</tr>
<tr>
<td>for 1 person</td>
<td></td>
<td>2-3 minutes</td>
</tr>
</tbody>
</table>
Defrosting

Defrosting food in a short time is one of the biggest advantages of the microwave oven. First remove the metal fastening wires of the frozen food bags and replace them with thread or rubber. Open the packaging made of materials such as cardboard before placing them into the oven. Cut or pierce the plastic bags or packages. If the food is in foil packaging, remove the foil and place the food in a suitable vessel. (If the frozen food has skin, remove the skin.) Flex the plastic bag on the food to provide even defrosting. (While defrosting large pieces of meat, do not forget to cover the thin parts of the poultry in order to slow down heating. Otherwise, outer parts will dry out or even start being cooked.) Always keep the defrost time short. If inside of the defrosted food is still frosty, place it back to the microwave oven to defrost it some more. Also provide some time for conditioning during defrosting; because the defrosting will continue during conditioning.

Duration of the defrosting time depends on food’s level of freezing. If possible, turn or take apart the frozen food during defrosting or conditioning.

Defrosting table contains approximate values to help you.

Defrosting table

Please read information about defrosting.

<table>
<thead>
<tr>
<th>Food</th>
<th>Recommended time</th>
<th>Kg</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sausage</td>
<td>5-6 minutes</td>
<td>500 g</td>
</tr>
<tr>
<td>Minced meat</td>
<td>8-10 minutes</td>
<td>500 g</td>
</tr>
<tr>
<td>Kidney</td>
<td>8-12 minutes</td>
<td>1 kg</td>
</tr>
<tr>
<td>Liver</td>
<td>6-7 minutes</td>
<td>500 g</td>
</tr>
<tr>
<td>Lamb chops rib</td>
<td>15-20 minutes</td>
<td>1.5-2 kg</td>
</tr>
<tr>
<td>Top round</td>
<td>20-25 minutes</td>
<td>1.5-2 kg</td>
</tr>
<tr>
<td>Meat cubes</td>
<td>7-8 minutes</td>
<td>500 g</td>
</tr>
<tr>
<td>Fillet of beef</td>
<td>10-12 minutes</td>
<td>1 kg</td>
</tr>
<tr>
<td>Veal cutlet</td>
<td>9-10 minutes</td>
<td>500 g</td>
</tr>
<tr>
<td>Minced meat (veal)</td>
<td>4-5 minutes</td>
<td>500 g</td>
</tr>
<tr>
<td>Veal steak</td>
<td>6-8 minutes</td>
<td>500 g</td>
</tr>
<tr>
<td>Lamb roast leg or shoulder</td>
<td>28-30 minutes</td>
<td>2-2.3 kg</td>
</tr>
<tr>
<td>Whole chicken</td>
<td>26-30 minutes</td>
<td>1.2-1.5 kg</td>
</tr>
<tr>
<td>Chicken pieces</td>
<td>14-17 minutes</td>
<td>1.2-1.5 kg</td>
</tr>
<tr>
<td>Chicken breast (with bones)</td>
<td>10-14 minutes</td>
<td>1-1.5 kg</td>
</tr>
<tr>
<td>Chicken pieces (drumstick)</td>
<td>9-10 minutes</td>
<td>500 g</td>
</tr>
<tr>
<td>Chicken pieces (wing)</td>
<td>8-12 minutes</td>
<td>700 g</td>
</tr>
<tr>
<td>Turkey pieces</td>
<td>14-16 minutes</td>
<td>1-1.5 kg</td>
</tr>
<tr>
<td>Turkey breast (with bones)</td>
<td>18-22 minutes</td>
<td>2-2.5 kg</td>
</tr>
</tbody>
</table>
4 Operating your product

Heating table

<table>
<thead>
<tr>
<th>Food</th>
<th>Power Level</th>
<th>Cooking Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 portion 1 plate</td>
<td></td>
<td>2-3 minutes</td>
</tr>
<tr>
<td>1-2 portion(s) Main course with sauce</td>
<td></td>
<td>7-9 minutes</td>
</tr>
<tr>
<td>2-4 portions Thick meat slices such as hamburger, rolled meatball slices</td>
<td></td>
<td>3-5 minutes</td>
</tr>
<tr>
<td>2-3 portions Thin meat slices such as steak fillet</td>
<td></td>
<td>2-3 minutes</td>
</tr>
<tr>
<td>2-3 Chicken pieces</td>
<td></td>
<td>3-4 minutes</td>
</tr>
<tr>
<td>2 portions Casserole</td>
<td></td>
<td>9-12 minutes</td>
</tr>
<tr>
<td>2 portions Vegetables</td>
<td></td>
<td>3-4 minutes</td>
</tr>
<tr>
<td>1-2 Corn</td>
<td></td>
<td>3-4 minutes</td>
</tr>
<tr>
<td>2-3 Cookies</td>
<td></td>
<td>45-60 seconds</td>
</tr>
<tr>
<td>1 Whole pie</td>
<td></td>
<td>3-7 minutes</td>
</tr>
<tr>
<td>1-2 slices Pie</td>
<td></td>
<td>1-2 minute(s)</td>
</tr>
<tr>
<td>3-4 Sausage</td>
<td></td>
<td>1-2 minute(s)</td>
</tr>
<tr>
<td>4 Hot dog</td>
<td></td>
<td>1-2 minute(s)</td>
</tr>
</tbody>
</table>

Heating

You can reheat the remaining or cooked food quickly and effectively without losing their freshness and taste.
During heating, cover the food with a lid or plastic wrap suitable for microwave in order to allow them protect their moisture. Covering the food will protect the heat and speed up the heating process. It will also avoid splashes. Wrap the sandwiches and cookies in paper towels in order to allow moisture absorption and prevent them from getting doughy.
Generally spread the food into a shallow vessel. It may be necessary to mix and turn the food from time to time to heat it.
5 Cleaning and Care

* Unplug your oven before cleaning.
* Do not use abrasive cleaners, steel wools, rough washing clothes or abrasive chemicals such as sulphur or chloride on or at any parts of your microwave oven.

Outer surfaces
* To clean the outer surfaces of the oven, first wipe them with a soft cloth soaked in warm soapy water. Then wipe them dry again with a soft cloth.
* Do not allow water ingress into the ventilation openings in order to avoid damage to the live parts inside the oven. Clean the control panel of your microwave oven only with a damp and soft cloth.
* Do not use cleaning sprays or more soap and water. They may cause problems in control mechanism.

Inner surfaces
To clean the inner surfaces of the oven:
* To soften the dried stains, put a glass of water and boil for 2-3 minutes.
* Clean the inner surfaces and ceiling with a soft and soapy cloth. And dry again with a soft cloth.
* To remove the odours inside the oven, boil a mixture of water and a few table spoons of lemon juice for a couple of minutes inside the oven.

* To clean the inner base of the oven, remove the roller glass tray and roller support. Wash the roller glass tray and roller support in soapy water. Then, rinse and dry them.
* Before starting the oven, install the roller support and glass tray securely.
* When cleaning the inner surfaces of the oven door, use a non-abrasive soft sponge or cloth.

For transportation;
* Unplug the appliance.
* Pack the glass tray in a way to prevent them from breaking and moving inside the oven. Transport it separately if needed.
* Tape the front door to the body.
* Prevent impact against the front glass, door and panel.
* Transport the product in normal position. Do not lean it aside or back.